03 Chwefror / 03 February 2021

CORONAFEIRWS (COVID-19): DIWEDDARIAD WYTHNOSOL I DDARPARWYR GOFAL

CORONAVIRUS (COVID-19): WEEKLY UPDATE FOR CARE PROVIDERS

Mae Darparwyr Gofal yn rhoi gefnogaeth hanfodol i'r dinasyddion sydd fwyaf mewn perygl yn ein cymunedau, ac mae arweinyddiaeth gofal cymdeithasol yng Nghymru yn falch o'ch ymrwymiad parhaol a'ch gwaith caled.

Dylid darllen y bwletin gwybodaeth hon ar y cyd â'r cyngor diweddaraf gan Iechyd Cyhoeddus Cymru (PHW) a Llywodraeth Cymru.

Gellir gweld y bwletin hwn a bwletinau blaenorol hefyd ar wefan ADSS Cymru – os oes gennych unrhyw ymholiadau, cysylltwch â rachel.pitman@adss.cymru

Pwnc	Manylion	Dolenni
	Bwrdd Cenedlaethol Cyd-gomisiynu	
SCIE – Y Sefydliad Gofal Cymdeithasol er Rhagoriaeth Cyrsiau e-ddysgu rhad ac am ddim a chyrsiau achrededig datblygiad proffesiynol parhaus sydd wedi cael eu talu amdanynt	Mae gan y Sefydliad Gofal Cymdeithasol er Rhagoriaeth ystod o adnoddau newydd neu wedi'u diweddaru ar gyfer staff gofal cymdeithasol i blant ac oedolion, gan gynnwys cyrsiau ar-lein sy'n rhad ac am ddim. **Mae cyrsiau rhad ac am ddim yn cynnwys:** • Cwrs e-ddysgu ymwybyddiaeth dementia | SCIE • Cwrs e-ddysgu rheoli heintiau | SCIE • Proffil un dudalen: Cwrs e-ddysgu | SCIE • Ailalluogi ar gyfer gweithwyr gofal: Cwrs e-ddysgu | SCIE	

Care Providers give critical support to the most at-risk citizens in our communities, and the leadership of social care in Wales is proud for your continued commitment and hard work.

This information bulletin should be read in conjunction with the most recent advice from Public Health Wales (PHW) and Welsh Government.

This bulletin and previous bulletins can also be found on the ADSS Cymru website – if you have any queries, please contact rachel.pitman@adss.cymru

Topic	Detail	Links
	National Commissioning Board	
SCIE – Social Care Institute for Excellence Free E-learning courses & CPD accredited paid-for courses	Social Care Institute for Excellence have a range of new or updated resources for children's and adult social care staff including free online courses **Free Courses include:** • Dementia awareness e-learning course | SCIE • Infection control e-learning course | SCIE • One Page Profile: e-learning course | SCIE • Reablement for care workers: e-learning course | SCIE	

	Mae cyrsiau achrededig datblygiad proffesiynol parhaus sydd wedi cael eu talu amdanynt yn cynnwys: • Deddf Galluedd Meddyliol: Cwrs e-ddysgu – SCIE • Cwrs e-ddysgu ar y trefniadau diogelu wrth amddifadu o ryddid – SCIE • Diogelu oedolion: Cwrs e-ddysgu | SCIE Gallwch ddod o hyd i fanylion holl gyrsiau e-ddysgu SCIE yma: Cyrsiau e-ddysgu – SCIE Mae yna hefyd gyfeirlyfr o adnoddau ac arferion gorau sy'n gysylltiedig â COVID-19. Gellir dod o hyd i'r rhain yma: Cyngor coronafeirws (COVID-19) ar gyfer gofal cymdeithasol	
Prifysgol Abertawe **Ysgoloriaethau wedi'u cyllido'n llawn ar gael ar gyfer gweithwyr sector cyhoeddus Cymru i ddatblygu dealltwriaeth o**	Mae Prifysgol Abertawe newydd lansio'r Academi Iechyd a Gofal sy'n Seiliedig ar Werth, sef hwb ar gyfer rhaglenni addysgol, ymchwil arloesol a gwasanaethau ymgynghori pwrpasol o'r radd flaenaf ym maes iechyd a gofal sy'n seiliedig ar werth (IGSW). Fe'i cynlluniwyd i gefnogi mabwysiadu IGSW yn llwyddiannus ar draws sefydliadau, o systemau iechyd a gofal cymdeithasol i'r	

	CPD Accredited paid-for courses include: • Mental Capacity Act (MCA): e-Learning course - SCIE • Deprivation of Liberty Safeguards (DoLS) e-Learning course - SCIE • Safeguarding adults: e-learning course | SCIE You can find details of all SCIE e-learning courses here: e-Learning courses - SCIE There is also a directory of resources and best practice relating to Covid-19, these can be found here: Coronavirus (COVID-19) advice for social care	
Swansea University **Fully funded scholarships available for Welsh public sector employees to advance Value-Based**	Swansea University has newly launched the Value-Based Health and Care Academy, a hub for world-leading VBHC educational programmes, innovative research and bespoke consultancy services. It is designed to support the successful adoption of VBHC across organisations from Health Systems and Social Care to the Third Sector and the Life-Science Industries.	

iechyd a gofal sy'n seiliedig ar werth	trydydd sector a'r diwydiannau gwyddor bywyd. Er mwyn cefnogi mabwysiadau IGSW yn llwyddiannus, mae nifer o ysgoloriaethau Academi Dysgu Dwys Llywodraeth Cymru wedi'u cyllido'n llawn ar gael, ar gyfer y rhai sy'n gweithio o fewn sector cyhoeddus Cymru i astudio Doethur mewn Gweinyddu Busnes (DBA), gradd Meistr neu gwrs IGSW byr a dwys. Am fwy o wybodaeth ynglŷn â'r rhaglenni Addysg Weithredol a'r broses ymgeisio, ewch i: https://www.swansea.ac.uk/cy/ysgol-reolaeth/add/ Fel arall, cysylltwch â'r Academi IGSW yn uniongyrchol drwy VBHCAcademy@swansea.ac.uk	
CGGC		
Datblygu fframwaith gwirfoddoli ar gyfer iechyd a gofal cymdeithasol yng Nghymru	Mae prosiect ar waith i ddatblygu fframwaith i gefnogi cynllunio a dealltwriaeth well o wirfoddoli ym maes iechyd a gofal cymdeithasol ledled Cymru. Cymerwch ran yn ein harolwg. Gall cyfranogwyr hefyd ddewis mynychu un o'r grwpiau ffocws rhanbarthol er mwyn ymhél â thrafodaethau mwy treiddgar. Darllenwch mwy am y prosiect, sy'n bartneriaeth rhwng Helpu Cymru CGGC, Comisiwn Bevan, Gofal Cymdeithasol Cymru a Richard Newton Consulting Cyf.	https://www.surveymonkey.co.uk/r/MRJ63P5 (Cymraeg) https://www.surveymonkey.co.uk/r/MRGZCNL (Saesneg) Darllenwch mwy am y prosiect

Health and Care understanding	To support the successful adoption of VBHC, a number of fully funded WG ILA scholarships are available to those working within the Welsh public sector to study a DBA, Master's or short, intensive VBHC course. For more information about the Executive Education programmes and the application process, visit: www.swansea.ac.uk/som/ila Alternatively, contact the VBHC Academy directly on VBHCAcademy@swansea.ac.uk	
WCVA		
Developing a volunteering framework for health and social care in Wales	A project is underway to develop a framework to support better Wales wide understanding and planning for volunteering in health and social care. Please take part in our survey. Participants also have the option of attending one of the regional focus groups in order to engage in more in depth conversation. Read more about the project, which is a partnership involving WCVA Helpforce Cymru, Bevan Commission, Social Care Wales and Richard Newton Consulting Ltd.	https://www.surveymonkey.co.uk/r/MRJ63P5 (Cymraeg) https://www.surveymonkey.co.uk/r/MRGZCNL (Saesneg) Read more about the project

Llywodraeth Cymru		
Ailagor meysydd chwarae plant a mannau chwarae awyr agored: coronafeirws	Canllawiau i'r rheini sy'n gyfrifol am feysydd chwarae neu fannau chwarae awyr agored ar gadw plant yn ddiogel yn ystod y pandemig coronafeirws.	https://llyw.cymru/ailagor-meysydd-chwarae-plant-mannau-chwarae-awyr-agored-coronafeirws
Cael brechlyn rhag COVID-19	Mwy o wybodaeth am y rhaglen brechu COVID-19 a sut bydd y brechlyn yn cael ei roi ar waith.	https://llyw.cymru/cael-brechlyn-rhag-covid-19
Canllawiau gweithredol i ysgolion a lleoliadau pan fydd cyfyngiadau ar niferoedd dysgwyr ar lefel rhybudd 4	Sut mae ysgolion a darparwyr eraill yn gallu gwneud eu safleoedd yn ddiogel i staff a dysgwyr pan fydd cyfyngiadau ar niferoedd dysgwyr.	https://llyw.cymru/canllawiau-gweithredol-i-ysgolion-lleoliadau-pan-fydd-cyfyngiadau-ar-niferoedd-dysgwyr
Creu mannau cyhoeddus mwy diogel: coronafeirws	Canllawiau i berchnogion a gweithredwyr mannau cyhoeddus i gadw pobl yn ddiogel pan fydd cyfyngiadau yn cael eu codi a bod mannau dinesig yn mynd yn fwy prysur.	https://llyw.cymru/creu-mannau-cyhoeddus-mwy-diogel-coronafeirws
Canllawiau ar ddiogelu pobl a ddiffinnir yn glinigol ar sail	Canllawiau ar warchod ac amddiffyn pobl a ddiffinnir ar sail feddygol fel rhai eithriadol o agored i niwed yn sgil y COVID-19	https://llyw.cymru/canllawiau-ar-ddiogelu-pobl-

Welsh Government		
Reopening children's playgrounds and outdoor play areas: coronavirus	Guidance for those in charge of playgrounds or outdoor play areas to keep children safe during the coronavirus pandemic.	https://gov.wales/reopening-childrens-playgrounds-and-outdoor-play-areas-coronavirus
Getting your COVID-19 vaccine	Find out more about the COVID-19 vaccine programme and how the vaccine will be rolled out.	https://gov.wales/getting-your-covid-19-vaccine
Operational guidance for schools and settings to support limited attendance at alert level 4	How schools and other providers can make their sites safe for staff and learners during limited attendance.	https://gov.wales/operational-guidance-schools-and-settings-support-limited-attendance
Creating safer public places: coronavirus	Guidance for owners and operators of public places to keep people safe when restrictions are relaxed and urban spaces become busier.	https://gov.wales/creating-safer-public-places-coronavirus
Guidance on protecting people defined on medical grounds	Information for protecting people defined on medical grounds as extremely vulnerable from COVID-19.	https://gov.wales/guidance-protecting-people-

feddygol fel rhai eithriadol o agored i niwed yn sgil y coronafeirws (COVID-19) – y cynllun 'gwarchod' gynt		ddiffinnir-yn-glinigol-ar-sail-feddygol-fel-rhai-eithriadol-o-agored
Strategaeth profi COVID-19	Mae'r strategaeth profi, wedi ei diweddaru, hefyd yn edrych ar rôl profi ochr yn ochr â brechu.	https://llyw.cymru/strategaeth-profi-covid-19
Hysbysiadau sy'n datgymhwyso gofynion amser sesiynau ysgol sy'n newid	Yn dileu'r gofyniad dros dro i gyrff llywodraethu ac awdurdodau lleol i gydymffurfio a gweithdrefnau ar gyfer newid amserau sesiynau ysgolion	https://llyw.cymru/hysbysiadau-syn-datgymhwyso-gofynion-amser-sesiynau-ysgol-syn-newid
Datganiad Ysgrifenedig: Cyhoeddi Strategaeth Profi COVID-19 ddiwygiedig a Fframwaith Profi Cymunedol i Gymru	Vaughan Gething AS, y Gweinidog Iechyd a Gwasanaethau Cymdeithasol	https://llyw.cymru/datganiad-ysgrifenedig-cyhoeddi-strategaeth-profi-covid-19-ddiwygiedig-fframwaith-profi-cymunedol-i

as clinically extremely vulnerable from coronavirus (COVID-19) – previously known as 'shielding'		defined-medical-grounds-clinically-extremely-vulnerable-coronavirus
COVID-19 testing strategy	The updated COVID -19 strategy also looks at the role of testing alongside vaccinations.	https://gov.wales/covid-19-testing-strategy
Notices disapplying changing school session time requirements	Temporarily removes the requirement for governing bodies and local authorities to comply with procedures for changing school session times.	https://gov.wales/notices-disapplying-changing-school-session-time-requirements
Written Statement: Publication of refreshed COVID-19 Testing Strategy and Community Testing Framework for Wales	Vaughan Gething MS, Minister for Health and Social Services	https://gov.wales/written-statement-publication-refreshed-covid-19-testing-strategy-and-community-testing-framework

Gorchuddion wyneb: canllawiau i'r cyhoedd	Daeth yn orfodol i bobl wisgo gorchudd wyneb mewn mannau cyhoeddus o dan do yng Nghymru ar 14 Medi.	https://llyw.cymru/gorchuddion-wyneb-canllawiau-ir-cyhoedd
Datganiad Ysgrifenedig: Darpariaeth addysg ar gyfer dysgwyr sy'n agored i niwed, plant gweithwyr hanfodol a dysgwyr sydd angen cwblhau arholiadau neu asesiadau hanfodol	Kirsty Williams, y Gweinidog Addysg	https://llyw.cymru/datganiad-ysgrifenedig-darpariaeth-addysg-ar-gyfer-dysgwyr-syn-agored-i-niwed-plant-gweithwyr
Cynllun rheoli'r coronafeirws: lefelau rhybudd yng Nghymru	Disgrifio'r mesurau i reoli'r coronafeirws ar 4 lefel rhybudd a sut byddai'r lefelau yn cael eu gosod.	https://llyw.cymru/cynllun-rheolir-coronafeirws-lefelau-rhybudd-yng-nghymru
Ymrwymiad i gefnogi ieuenctid drwy fuddsoddi £9.4m ychwanegol mewn gwasanaethau iechyd meddwl i blant a phobl ifanc	"Rwyf wedi ymrwymo i sicrhau bod cefnogaeth ar gael ar gyfer anghenion iechyd meddwl sy'n newid", meddai'r Gweinidog Iechyd Meddwl a Lles wrth gyhoeddi y bydd mwy na £9 miliwn ar gael yn benodol i gefnogi plant a phobl ifanc yng Nghymru.	https://llyw.cymru/ymrwymiad-i-gefnogi-ieuenctid-drwy-fuddsoddi-ps94m-ychwanegol

Face coverings: guidance for public	Face coverings become mandatory in indoor public places across Wales on 14 September.	https://gov.wales/face-coverings-guidance-public
Written Statement: Education provision for vulnerable learners, children of critical workers and learners who need to complete essential exams or assessments	Kirsty Williams, Minister for Education	https://gov.wales/written-statement-education-provision-vulnerable-learners-children-critical-workers-and-learners
Coronavirus control plan: alert levels in Wales	Describes the measures to control coronavirus at 4 alert levels and how the level will be set.	https://gov.wales/coronavirus-control-plan-alert-levels-wales
Pledge to support youth with extra £9.4m investment in children and young people mental health services	"I am committed to ensuring support is available for changing mental health needs," says Minister for Mental Health and Wellbeing as more than £9million will be available specifically to support children and young people in Wales.	https://gov.wales/pledge-support-youth-extra-ps94m-investment-mental-health-services

Podiau ymweld cartrefi gofal – mynediad at y gronfa galedi a'r meini prawf	Hawlio ad-daliad o gostau cysylltiedig â llogi podiau ymweld o dan gynllun peilot y podiau ymweld Manyleb podiau ymweld Sut i wneud hawliad ar gyfer costau pod ymweld Hawlio costau yswiriant ychwanegol sy'n gysylltiedig â llogi podiau ymweld o dan y cynllun peilot: - Sut i wneud hawliad ar gyfer yswiriant - Ffurflen hawlio	https://content.govdelivery.com/accounts/UKWALES_CSSIW_INT/bulletins/2bd4f3e
Rhaglen Cymorth i Weithwyr	Mae'r Rhaglen Cymorth i Weithwyr wedi bod ar waith ers 4 Rhagfyr 2020, gan gynnig ystod o gymorth llesiant i'r rhai sydd wedi'u cyflogi yn y gweithlu gofal cymdeithasol yn y sectorau preifat a gwirfoddol yng Nghymru. Cynhelir gweminar ar y Rhaglen Cymorth i Weithwyr, ar gyfer pob rheolwr ym maes gofal cymdeithasol o'r sectorau preifat a gwirfoddol yng Nghymru, ar 17 Chwefror 2021 am 3.30pm. Gallwch gadw lle drwy'r ddolen cyfagos.	Gellir dod o hyd i fwy o wybodaeth ar wefan Gofal Cymdeithasol Cymru Dolen i'r gweminar Rhaglen Cymorth i Weithwyr
Llinell gymorth llesiant ar gyfer gweithwyr iechyd a gofal cymdeithasol	Mae'r Samariaid wedi lansio llinell gymorth gyfrinachol newydd ar gyfer gweithwyr GIG a gofal cymdeithasol yng Nghymru. Mae eu gwirfoddolwyr yma i'ch cefnogi pan fyddwch wedi cael diwrnod caled, yn teimlo'n bryderus neu wedi'ch llethu, neu pan fydd llawer ar eich meddwl ac mae angen i chi siarad â rhywun. Weithiau, gall llais cyfeillgar, ychydig o amser i fyfyrio a chlust i wrando wneud gymaint o	https://www.samaritans.org/how-we-can-help/health-and-care/here-listen-support-line-nhs-people/

Care home visiting pods - access to hardship fund and criteria	Claiming reimbursement of costs relating to visiting pod hire under the visiting pod pilot scheme Visiting pod specification How to make a claim for a costs of a visiting pod Claiming additional insurance costs relating to visiting pod hire under the pilot scheme: - How to make a claim for insurance - Claim form	https://content.govdelivery.com/accounts/UKWALES_CSSIW_INT/bulletins/2bd4f3e
Employees Assistance Programme	The employee assistance programme (EAP) has been in place since 4 December 2021, offering a range of well-being support to those employed in the social care workforce in the private and voluntary sectors in Wales. There is a webinar on the EAP, for all managers in social care from both private and voluntary sectors in Wales being held on 17 February 2021 at 3.30pm, you can book a place at the adjacent link.	Further information can be found on the Social Care Wales website EAP webinar link
Wellbeing support line for health and social care workers	Samaritans has launched a new confidential support line for NHS and social care workers in Wales. Their volunteers are here to support you when you've had a tough day, are feeling worried or overwhelmed, or just have a lot on your mind and need to talk it through. Sometimes, a friendly voice, some time to reflect and a listening ear can make all the difference. It's more important than	https://www.samaritans.org/how-we-can-help/health-and-care/here-listen-support-line-nhs-people/

	wahaniaeth. Mae'n bwysicach nag erioed ein bod yn gofalu am ein hunain ac am ein gilydd. Ffoniwch y llinell gymorth gyfrinachol 0800 484 0555 ar gyfer gwasanaeth am ddim (ar agor bob dydd, 7am tan 11pm) neu'r llinell gymorth gyfrinachol 0808 164 2777 ar gyfer gwasanaeth Cymraeg am ddim (ar agor bob nos, 7pm tan 11pm).	
Deddfau di-fwg – Newidiadau o 1 Mawrth 2021. Mae newidiadau yn berthnasol i'r canlynol: • Gweithwyr gofal Ystafelloedd ysmygu mewn cartrefi gofal i oedolion a hosbisau i oedolion	Mae deddfwriaeth newydd yn cael ei chyflwyno ar 1 Mawrth 2021 a fydd yn gwneud mwy o leoedd yng Nghymru yn ddi-fwg. Er mwyn gwarchod mwy o bobl rhag mwg ail-law niweidiol, bydd y rheiny sy'n gweithio yng nghartrefi eraill, fel gweithwyr gofal, yn gallu gweithio mewn amgylchedd di-fwg. Dim ond preswylwyr a rheiny dros 18 oed fydd yn cael defnyddio ystafelloedd ysmygu mewn cartrefi gofal i oedolion a hosbisau i oedolion. Darperir manylion llawn y newidiadau yng nghanllawiau Llywodraeth Cymru. <u>Mae gan yr adran ar *Anheddau* fanylion ar weithio yng nghartrefi eraill ac mae'r adran ar</u> *Cartrefi gofal i oedolion a hosbisau i oedolion* yn gosod y newidiadau yn y lleoliadau hynny.	https://llyw.cymru/deddfwriaeth-ddi-fwg-canllawiau-ar-y-newidiadau-o-fis-mawrth-2021-html Ar gyfer ymholiadau, cysylltwch â: PolisiTybaco@llyw.cymru
Ymweliadau â chartrefi gofal: canllawiau diweddaraf i ddarparwyr	Mae fersiwn ddiweddaraf o "Ymweliadau â chartrefi gofal: canllawiau i ddarparwyr" wedi cael ei chyhoeddi.	https://llyw.cymru/ymweliadau-chartrefi-gofal-

	ever that we look after ourselves and each other. Call the free confidential support line 0800 484 0555 (Open every day, 7am to 11pm) or the free confidential support line in Welsh 0808 164 2777 (Open every evening, 7pm to 11pm).	
Smoke-free laws - **Changes from 1 March 2021.** **Changes apply to:** • **Care Workers** **Smoking rooms in adult care homes and adult hospices**	New legislation is being introduced on 1 March 2021 which will make more places in Wales smoke-free. To protect more people from harmful second-hand smoke, those working in others homes, such as care workers will be able to work in a smoke-free environment. Only residents and those aged over 18 will be able to use smoking rooms in adult care homes and adult hospices. Full details of the changes are provided in the Welsh Government guidance. <u>Section on *Dwellings* has details on working in others homes and the section on</u> *Adult care homes and adult hospices* sets out the changes in those settings.	https://gov.wales/smoke-free-law-guidance-changes-march-2021-html For queries, please contact: TobaccoPolicy@gov.wales
Visits to care homes: updated guidance for providers	An updated version of the guidance, "Visits to care homes: guidance for providers" has been published.	https://gov.wales/visits-care-homes-guidance.

	Mae'r canllawiau diwygiedig yn cynnwys manylion am ddefnyddio podiau ymweld, cyngor ar gyswllt corfforol (dal dwylo) yn ystod ymweliadau, a'r defnydd o brofion llif unffordd er mwyn cynnal ymweliadau.	canllawiau-i-ddarparwyr
Llywodraeth y DU		
Gwasanaeth Dywedwch Wrthym Unwaith Llywodraeth y DU – Sioe sleidiau fideo newydd	Mae'r fideo Dywedwch Wrthym Unwaith hwn yn egluro yn syml ac yn dosturiol sut mae'r gwasanaeth Dywedwch Wrthym Unwaith yna i helpu dinasyddion sydd wedi cael profedigaeth roi gwybod i lawer o sefydliadau'r llywodraeth a darparwyr pensiwn y sector cyhoeddus, unwaith yn unig, o farwolaeth. Mae'r sioe sleidiau fideo yn llai na thri munud o hyd a gellir ei gweld yma. Gobeithiwn ychwanegu'r ddolen ar gyfer y dudalen 'What to do when someone dies' ar GOV.UK maes o law. Byddem hefyd yn eich annog i rannu'r ddolen yn fewnol i gynyddu ymwybyddiaeth bersonol eich cydweithwyr o sut mae yno i'w helpu nhw hefyd. Diolch ymlaen llaw am gefnogi'r gwasanaeth arobryn hwn.	Adrodd marwolaeth gan ddefnyddio'r gwasanaeth Dywedwch Wrthym Unwaith – YouTube

	The updated guidance includes additional detail around the use of visiting pods, advice on physical contact (hand holding) during visits, and the use of lateral flow tests in accommodating visitors.	
UK Government		
UK Government's Tell Us Once Service – New Video Slideshow	This Tell Us Once video explains simply and compassionately how the Tell Us Once service is there to help bereaved citizens inform many government organisations and public sector pension providers, just once, of a death. The video slideshow is less than three minutes long and can be accessed here. We hope to also add the link to the 'What to do when someone dies' page on GOV.UK in due course. We'd also encourage you to share the link internally to increase your colleagues' personal awareness of how it's there to help them too. We thank you in advance for supporting this award-winning service.	Reporting a death using the Tell Us Once service - YouTube

Dolenni defnyddiol / Useful links:

Gofal Cymdeithasol Cymru – tudalennau gwe COVID-19 https://gofalcymdeithasol.cymru/gwella-gwasanaethau/gwybodaeth-ac-adnoddau-ich-tywys-trwy-covid-19	Social Care Wales – Covid-19 web pages: https://socialcare.wales/service-improvement/information-and-resources-to-guide-you-through-covid-19
GofalwnCymru – Swyddi diweddaraf https://www.wecare.wales/jobs/	WeCareWales – Latest Jobs https://www.wecare.wales/jobs/
ADSS Cymru – Cefnogaeth i Ddarparwyr a Gomisiynwyd https://www.adss.cymru/cy/blog/post/covid19-commissioners	ADSS Cymru – Support for Commissioned Providers https://www.adss.cymru/en/blog/post/covid19-commissioners
Iechyd Cyhoeddus Cymru, Datganiadau Dyddiol am 2yp: https://covid19-phwstatement.nhs.wales/	Public Health Wales, Daily 2pm Statements: https://covid19-phwstatement.nhs.wales/
Dangosfwrdd Data Coronafeirws Iechyd Cyhoeddus Cymru https://public.tableau.com/profile/public.health.wales.health.protection#!/vizhome/RapidCOVID-19virology-Public/Headlinesummary	Public Health Wales Coronavirus Data Dashboard https://public.tableau.com/profile/public.health.wales.health.protection#!/vizhome/RapidCOVID-19virology-Public/Headlinesummary
Arolygaeth Gofal Cymru, Cwestiynnau Cyffredin: https://arolygiaethgofal.cymru/coronafeirws-covid-19-cwestiynau-cyffredin	Care Inspectorate Wales, FAQs: https://careinspectorate.wales/coronavirus-covid-19-frequently-asked-questions-faqs